



# A.M. DRINK - (morning)

For maximum benefits and superb energy all day long, have your Biometrics A.M. drink before the start of your day. Your A.M. drink can be taken alone, before or after a meal. For best results, follow directions on each product label.

## Products:

- |                               |  |
|-------------------------------|--|
| 1 tbsp. <b>BIO FUEL</b>       | <b>Daily Multivitamin Supplement:</b> <i>Supports Complete Nutrition and Antioxidant Protection*</i>     |
| 1 tbsp. <b>BIO ALERT</b>      | <b>Vitamin B Supplement with Choline:</b> <i>Enhances Mental Focus, Clarity &amp; Alertness*</i>         |
| 1 tbsp. <b>ALOE PLUS</b>      | <b>Aloe Juice Concentrate with Vitamin C:</b> <i>Supports Optimum Digestive Performance*</i>             |
| 2 scoops <b>GET-GO-N PLUS</b> | <b>Vitamin B Supplement with Tyrosine:</b> <i>Advanced Nutrition for Enhanced Energy &amp; Vitality*</i> |

**Suggested Use:** Products can be mixed together in one cup with 4-6 ounces of water or juice. Adjust amount of water or juice to enhance taste. Drink immediately after mixing, do not let stand. Keep **GET-GO-N PLUS** in a cool and dry place. Refrigerate products as directed.

## Other Biometrics Products that can be added to your A.M. drink:

- |                                |  |
|--------------------------------|--|
| 1 tbsp. <b>BIO IMMUNE</b>      | <b>With Echinacea, Zinc and Vitamin C:</b> <i>Advanced Natural Immune System Support*</i>    |
| 1 tbsp. <b>FLEXI-CARE PLUS</b> | <b>With Glucosamine and MSM:</b> <i>Promotes Healthy Joint Functions*</i>                    |
| 1 tbsp. <b>CELL CARE</b>       | <b>Coenzyme Q-10 and Natural Antioxidants:</b> <i>Supports Complete Cellular Protection*</i> |

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Biometrics FAST START Program**



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## **BIO FUEL**

- The cornerstone product of all Biometrics Programs. Great for anyone of any age to take!
- Revolutionary liquid multivitamin with 100% of the daily values of many essential vitamins and minerals.
- Supports active lifestyles with complete nutrition and higher levels of antioxidants.

*"If people do not take anything else, they should at least take a multivitamin.*

***BIO FUEL** provides all essential vitamins, minerals and antioxidants necessary to support a healthy diet."*

*-- Deirdre Mask, M.D.*

## **BIO ALERT**

- Contains choline that can improve memory, increase mental clarity and provide an energy lift for your day!
- Delivers essential nutrients for proper health of the liver, kidneys and myelin sheaths (nerve fiber linings).
- Contains nutrients that are involved in nerve function, nerve impulse performance, and energy production.

*"The choline in **BIO ALERT** helps the health of the nerves, brain, liver, and kidneys.*

*-- Donna Billmeyer, Ph.D.*

## **ALOE PLUS**

- Contains 100% of the daily values of Vitamin C and serves as a liquid base for other Biometrics products.
- Aids the digestive tract by preparing the inner lining of the stomach to promote a healthy digestive system.
- Can enhance a balanced nutritional program by supporting optimal absorption of essential nutrients.

*"**ALOE PLUS** is a powerful antioxidant that soothes the digestive tract and supports rapid absorption of Biometrics products."*

*-- Peter Ferket, Ph.D.*

## **GET-GO-N PLUS**

- Contains the amino acid Tyrosine to energize the body, creating greater mental alertness.
- Contains essential B Vitamins in balanced quantities as they are found in nature.
- Acts as an energy source creating higher energy levels throughout the day!

*"Everyone needs **GET-GO-N PLUS**. I love this formula because all of the aspects of B vitamins come into this product the way they are found in nature. I feel that it is the perfect B-complex product."*

*-- Donna Billmeyer, Ph.D.*

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